

# Freediving Registration Form



## 1. Personal Information

First Name:

Last Name:

Date of Birth:

Nationality:

Address:

ZIP / City:

Email:

Phone Number:

Emergency Contact (Name & Phone):

## 2. Freediving / Snorkeling Experience

☐ No experience

☐ Snorkeling

☐ Freediving (Level: \_\_\_\_\_)

Previous courses (optional):

Freediving organization (AIDA / SSI / Molchanovs):

Deepest dive (optional):

## 3. Medical Statement

☐ I have no known cardiovascular, respiratory, or neurological issues.

☐ I am currently free of infections and in good health.

☐ I take no medication affecting my awareness or performance.

☐ No surgeries or hospital stays in the last 12 months.

## Freediving Registration Form



☐ I am pregnant: Yes ☐ / No ☐

If any of the above do not apply, please explain:

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### 4. Equipment Details

Height:

Weight:

Shoe size:

Rental equipment needed:

☐ Mask

☐ Snorkel

☐ Wetsuit

☐ Fins

☐ Weight belt

### 5. Course Information

Preferred course date:

Selected course:

☐ 4-Day Discovery Course

☐ AIDA 1

☐ AIDA 2

☐ Coaching Session

☐ Other: \_\_\_\_\_

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### 6. Declarations

- ☐ I have read and accept the liability waiver.
- ☐ I have read the medical statement and understand the risks.

### 7. Signature

Location, Date:

Signature: